

Bolton: Resource the Trainer - Preparing to Deliver Trauma Informed Practice training sessions

kca

more
good
days

Resource the Trainer: A series of 3 practical sessions to support trainers in their onward delivery of Trauma Informed Practice knowledge base locally.

Resource the Trainer (RtT) which has been designed specifically for Secondary schools in Bolton and co-created with Bolton's Educational Psychology service. A total of 2.5 days of face-to-face training with KCA Associate trainer Catherine Gordon covering the following modules:

Day 1 (Full Day) - RtT Part 1

- Attachment
- Stress
- Five to Thrive and the Importance of Relationships for Learning

With each topic will be input from KCA on the neuroscience and research and the Educational Psychology service on strategies in practice for supporting children with unmet needs and trauma.

- Delivering training on attachment and relationships
- Reflecting on your stories
- Unpicking tricky bits of the neuroscience

Day 2 (Full Day) - RtT Part 2

- Trauma
- Promoting Recovery from Trauma

Again the knowledge base will be shared by KCA and the Educational Psychology service.

- Key mantras for your training
- Modelling the knowledge base
- Effective training in a sensitive area
- Practice of delivery

Day 3 (Half Day) - Part 3

Resource the Trainer Reflective session: Reflecting on Practice and next steps

A chance to come together and share stories of success, unpick challenges and identify next steps in building a resilient network of light touch Trauma Informed Practice trainers in Bolton.

- We share stories of success and challenges and unpick problems that have been encountered.
- We reflect on how to further add confidence to trainers practice.

KCA and Bolton's Educational Psychology team will also, if appropriate, share some additional resources and knowledge base for use in practice.

Resource the Trainer - Day 1 with BLP, 25 April 2025 (09:00–16:30)

Resource the Trainer - Day 2 with BLP, 06 June 2025 (09:00–16:30)

Resource the Trainer - Day 3 with BLP, 11 July 2025 (14:30–16:30)

While these Resource the Trainer (RtT) training sessions have been designed specifically for Secondary schools in Bolton we are also extending this offer to include Primary schools and Alternative Provision settings via the BLP (Bolton Learning Partnership).

EOI: Please register your expressions of interest in taking part in the RtT Trauma Informed Practice training sessions by completing the Microsoft form. Simply click on the gold ‘click here’ button below;

[Click here](#)

Venue Information:

Day 1: Bolton Arena, Arena Approach 3, Horwich, Bolton, BL6 6LB.

Day 2: TBC

Day 3: TBC



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Ambitious Collaboration



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