

IThrive School Network Brief 2022

Aims

- To run an IThrive School Network to discuss how we can support children and young people.
- To facilitate IThrive School Network meetings every month for schools across Bolton.
- To explore different topics, develop skills and problem solve together.
- To continue the 'Mindfulness for Education' conversation and how to apply these principles in our settings.
- To share new learning, support each other and to overcome barriers to providing a preventative offer.
- To provide advice on Getting Help and Getting More Help quadrants of the IThrive Model including the IThrive offer delivered by [Bolton Together](#)

Background

- The IThrive Schools Network is commissioned and supported by [Bolton Safeguarding Board](#)
- Bolton Together deliver IThrive services to support children and young people 2-19 years old with emotional health and wellbeing through a variety of one-one, mentoring, parenting, and group work programmes.
- Membership was given to those who have attended Mindfulness for Education course and expressed interest.
- Membership has been extended to other schools and services working with Children and Young people to widen our reach and impact.
- Bolton Together will host the sessions and be a point of contact but we can elect another member or guest speaker to facilitate development.
- Structure of the sessions can be discussed to ensure people can attend every two months.
- The sessions are run on the fourth Tuesday of the month 1-2pm. People are welcome to eat lunch during the session. Topics will be sent out before the meeting and session will run on MS teams.

IThrive - Bolton Together - Emotional Health and Wellbeing for 2 – 19 years

Contact details

- To make referral to IThrive then please use [IThrive 2 – 11 years Referral Form - Bolton Together \(bolton-together.org.uk\)](#)
- Or you can email ithrive@boltontogogether.org.uk to make enquiries.
- If you need any further support or want to join or feedback on the IThrive School Network please contact matthew.mccloskey@boltontogogether.org.uk

Future dates

Occurs the fourth Tuesday of every 1 month(s) effective 28/06/2022 until 22/11/2022 from 13:00 to 14:00

28/06/2022

26/07/2022

23/08/2022

27/09/2022

25/10/2022

22/11/2022